



PRICE LIST

Effective March 1, 2022

Current pricing effective until Feb-28-22. Passes purchased by Feb-28-22, 1 year expiry honoured until Feb-28-23.

New pricing in effect Mar-1-22 - Passes purchased from Mar-1-22, 1 year expiry from date of purchase.

Policy and Practice

- > COVID-19 public health and workplace safety measures current and in effect
- > waiver as of Mar-22, acknowledge and agreed
- > pre-register up to one hour prior to class start time
- > pre-registered clients, can early cancel up to 4 hours prior to class start
- > late cancel is anything less than 4 hours to class start and will be considered in attendance
- > pricing does not include HST
- > class passes are non-transferable
- > lost and found will be dated, held for 30 days, then donated

Online Policy and Practice

- > links to class will be sent by email prior to class start time
- > classes will be recorded for distribution to participants ONLY
- > individuals use their own equipment and or props

NEW Clients / Class Trials

- > BOGO - purchase 1x Pass for any group class, enjoy a second class FREE

Group Classes

MAT > Pilates or Yoga Exercises, props or small equipment may be used

EQUIPMENT > Pilates exercises on Reformer or Springwall (**new**), props or small equipment may be used

- > dress comfortably for ease of movement, please bring and take away your own mat, water bottle

	1x Pass \$ per pass	5x Pass \$ per pass	10x Pass \$ per pass	20x Pass \$ per pass
Group Class - MAT				
45 minute class	21	94	169	299
60 minute class	23	104	189	339
Group Class - EQUIPMENT				
45 minute class	25	109	199	359
60 minute class	29	119	219	399
Group Class - Live ONLINE				
45 minute class	19	84	149	279
60 minute class	21	94	169	299

*** all class pass fees are per person